# BELL GYMNASIUM (505) 678-3374

ENTRY FEE: Registration cost is \$30 for individuals and \$60 for teams. All registered entries must be post marked by December 1, 2005.

REGISTRATION: Registration begins at 6:30 AM and will end promptly at 7:45 AM.

INDIVIDUAL CATEGORIES: Clydesdale, Athena, Female & Male 19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64 & 65+.

TEAM CATEGORIES: COED, MALE, FEMALE

NO DAY OF REGISTRATIONS ACCEPTED

EARLY ARRIVAL IS RECOM-MENDED BECAUSE OF THE SECU-RITY CHECKS

For further information contact Bell Gymnasium at (505) 678-3374.



### INDIVIDUAL REGISTRATION

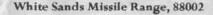
#### POLAR BEAR

Registration form and check must be post marked by: December 1, 2005

Make checks payable to: IMWRF

Mail to: Bell Gym

PO Box 400



(CHECK ONE ONLY)

INDIVIDUAL \_\_\_\_

Elite/PRO\_\_\_\_

150+ ATHENA FEMALE\_\_\_

200+ CLYDESDALE MALE\_\_\_

SEX: (CHECK ONE ONLY) FEMALE\_\_\_ MALE\_\_\_

AGE AS OF DECEMBER 31, 2006\_\_\_\_

T-SHIRT SIZE: M\_\_\_\_ L\_\_\_ XL\_\_\_ XXL\_\_\_

YOUR EMAIL ADDRESS:\_\_\_\_\_

(PLEASE PRINT CLEARLY)

# NAME:

ADDRESS;\_\_\_\_\_\_STATE;\_\_\_ZIP;\_\_\_

#### PHONE NUMBER:

WAIVER: In consideration of my entry in the Polar Bear Triathlon, I for myself, my heirs, executors and administrators forever waive and release any and all claims against the U.S. Government, US Army, White Sands Missile Range, the race directors & their representatives, volunteers or any other sponsors of all claim, demands and costs arising from my traveling to and from and participating in this Challenge. I attest that I am physically fit to compete in this event. The race directors reserve the right to reject any entry.

SIGNATURE:	
Signature of parent or g	uardian if under 18.

#### TEAM REGISTRATION

#### POLAR BEAR

Registration form and ch	eck must be post me	arked by: December 1, 2005
Make checks payable to:	IMWRF	
Mail to: Bell Gym		
PO Box 400		
White Sands Missile Rang	e, 88002	and the same of th
(CHECK ONE ONLY)		
Teams may consist of two	or three members	
Categorys		
COEDMALE TEAM_	FEMALE	
T-SHIRT SIZE: :(M,LG,XL	,XXL)	7 (4 )
12	3,	
YOUR EMAIL ADDRESS:_		
(PLEASE PRINT CLEA	RLY)	
NAME:		
ADDRESS:		
CITY:	STATE:	ZIPt
PHONE NUMBER:		
NAME:		
ADDRESS:		
CITY:	STATE:	ZIPi
PHONE NUMBER:		
NAME:		
ADDRESS:	ACTION AND ADDRESS	
CITY1	STATE:	ZIPt
PHONE NUMBER		
WAIVER: In considera for myself, my heirs, er release any and all clai White Sands Missile Re tives, volunteers or an costs arising from my t	tion of my entry in secutors and adm ms against the U.S ange, the race directly by other sponsors traveling to and fr	in the Polar Bear Triathlo inistrators forever waive S. Government, US Army, ectors & their representa of all claim, demands and rom and participating in it to compete in this even eject any entry.
SIGNATURE:	2	
SIGNATURE	of page	

SIGNATURE:

Signature of parent or guardian if under 18.

# SOUTHWEST CHALLENGE SERIES

White Sands Missile Range is a missile testing facility. There will be times you may incur roadblocks on all roadways leading to White Sands. If a roadblock exists, the race will be delayed long enough for participants in the roadblock to arrive on post. The race will go on but with a later start time.

To be admitted to White Sands Missile Range, you must have a current drivers license, registration and proof of insurance.

## Rules:

Participants under the age of 18 must have a parent or guardian present at the race.

Following traffic rules are the responsibility of the participant.

It is the responsibility of the participant to know the course and the rules that apply to that event.

Anyone guilty of being over aggressive or acting irresponsible will be disqualified.

Entry numbers must be worn on the FRONT OF THÉ SHIRT and DISPLAYED ON THE BIKE AT ALL TIMES.

Head phones will not be worn.

Helmets must be worn by all cyclists.

No drafting.

No individual support is allowed.

). Participants may walk bikes.

# BELL GYMNASIUM (505) 678-3374

Awards ceremony will be conducted after every participant is finished. Pasta will be served at the awards ceremony at the Recreation Center.













POLAR BEAR TRIATHLON

December 10, 2005

5K RUN/30K BIKE/400M SWIM



WSMR SPORTS PRESENTS THE POLAR BEAR TRIATHLON

Date: DECEMBER 10, 2005

Time: 8 AM

WSMR AQUATIC CENTER NO DAY OF REGISTRATIONS ACCEPTED

**EARLY ARRIVALIS** RECOMMENDED BECAUSE OF THE SECURITY CHECKS