

## **RUN OLD MESILLA**

## Saturday, March 10, 2007

EVENTS: 5 & 10K/5K Fitness Walk. USATF certified courses/santioned event. Extremely flat and fast. (NM98002DS, NM98001DS)

TIME: All Events: 9:00 a.m. PLACE: Mesilla, New Mexico. Mesilla is adjacent to and southwest of Las Cruces.

AGE GROUPS, 10K: 18 & Under, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 & Over (Male and Female). 5K WALK: 18 & Under, 19-29, 30-39, 40-49, 50-59, 60-69, 70 & Over (Male & Female). 5K RUN: 12 & Under, 13-14, 15-16, 17-18, 19-29, 30-39, 40-49, 50-59, 70 & Over (Male & Female).

ENTRY FEE: All Events: \$18 early registration; \$23 after COB March 5, 2007.

REGISTRATION: By mail, completed registration form plus check, postmarked no later than March 5. By phone, (505) 524-7824, until 7 p.m., March 7. Packet pickup/ registration: Friday, March 9, 5-7 p.m., Mesilla Valley Inn Lobby, or Race Day, March 10, at Start Line, 7:30 to 8:45 a.m. Registration will close 8:45 a.m.

AWARDS: All pre-registered participants will receive a T-shirt on race day. We make every effort to purchase enough shirts to cover the rest of the field of participants. All events: Custom rosettes to top three finishers in each age group. Awards to first male and female open (19-39) and masters (40+) finishers. No duplicate awards.

INFORMATION: Contact Genia Shepan, Mesilla Valley Track Club (MVTC) at (505)524-7824.

RACE HQS: Mesilla Valley Inn, 901 Avenida de Mesilla, Las Cruces, (505)524-8603. Special: \$56 per night for up to 4 persons (plus tax). Reserve on or before February 24 or first come/ first served thereafter. Tell the Inn you are here for the ROM. Remember to enter "Mesilla Valley Track Club" under "Company Name" on the motel registration form.

**NEW MEXICO GRAND PRIX:** The 10K is also the first race in the 2007 New Mexico Grand Prix series, a series of races held throughout the state. For Gran Prix scoring, you must have a current USATF card and NM residency.

PRIMARY SPONSORS: MVTC, Mesilla Valley Radio Club, Lilley Law Offices, Mesilla Valley Kitchen, La Posta Restaurant, Mesilla Valley Inn.

DIRECTIONS: Take Interstate 10 to Exit 140 (Avenida de Mesilla), go west 0.8 miles to Old Mesilla, turn left into the large "Plaza Parking" lot. Overflow parking at San Andres High School is accessed via a separate entrance just south of Plaza Parking. Race day registration will occur at the covered patio at the front of Plaza Parking. The starting line is located in the street in front of Plaza Parking. The finish line is three short blocks west on Calle de Medanos.

Make check payable to MVTC and mail, postmarked no later than	March 5, to:	Genia Shepar	n, 3007 Ronna D	r., Las Cruces, NM 88001.
NAME:	SEX:	AGE:	DOB:	State of Residency:
ADDRESS:Street, Suite or Apt. No., Ci	ty, State, Zip			PHONE:
T-SHIRT SIZE: Youth L, Adult S, M, I	, XL	, XXL	USA	TF #:Required for Gran Prix
CHECK: 10K 5K RUN 5K WALK	, 		IF APPLICA	BLE, CHECK: NM GRAN PRIX
Waiver: In consideration of my entry for the MVTC Run Old Mesi any and all claims against USATF, NM USATF, MVTC, Town of M Dona Ana County, race sponsors, race directors, and their represing to and from and participating in this run. I attest that I am phy	esilla, NM Dep entatives, volu	partment of Tra inteers, or any	ensportation, City other sponsors of	of Las Cruces, Las Cruces Public Schools, of all claims, and costs arising from my travel-
	SIgnature		f participant or si	gnature of parent or guardian if under 18

During the 2006 USATF Annual Meeting in Indianapolis IN, the Rules of Competition were changed to ban the usage of HEADPHONES and related items by participants in Long Distance Running events. Strollers (or like vehicles) and pets (leashed or unleashed) continue to be discouraged because of the trip hazard they produce. Athletes participating in this competition may be subject to formal drug testing in accordance with USATF Regulation 10 and IAAF Rule 55. For more info on drugs and testing, contact the USOC Hotline (800)233-0393. Gran Prix scoring will be accomplished by NM USATF, ABQ, NM.