

Socorro Striders and Riders presents the fifth annual



# Run For Your Life

**5K race and 5K non-competitive walk**

**April 25, 2009**

**Race starts at Socorro City Pool at 8:00 AM**

**For more information, contact Fran Hazlewood at 418-8735 or [www.sdc.org/ssr](http://www.sdc.org/ssr)  
Registrations accepted on race day**

**Name** \_\_\_\_\_ **Sex** M F **Age** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_ **email** \_\_\_\_\_

**Entry and fees (please circle) 5K race/\$15 5K walk/\$10 Kids K-12/Free**

Send form and payment to: Socorro Striders and Riders, P.O. Box 1508, Socorro, NM 87801

I know that running and volunteering to work in this race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete a run. I assume all risks associated with running and volunteering to work in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Socorro Striders and Riders, and all sponsors, their representatives and successors, from all claims or liabilities of any kind ensuing out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings or any other record of this or any event for any legitimate purpose. I understand that bicycles, skateboards, baby joggers, roller blades, animals, and radio or tape headsets are not allowed in any footrace, and I will abide by this guideline.

**Signature** \_\_\_\_\_ **date** \_\_\_\_\_

**Signature of Parent or Guardian** \_\_\_\_\_ **date** \_\_\_\_\_  
**for entrants under 18 years of age**